

November 2019

Breakfast is in bold print

Fruit and Vegetable bar is available K-12 with every reimbursable meal at Breakfast and Lunch

Milk is offered with every Breakfast and Lunch

Choice of Chef Salad is offered K-12

Menus subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
We offer a variety of vegetables and fruits for your student to choose from for their tray				1 Breakfast Pizza Hot Ham n cheese Bun Broccoli Corn Orange
4 Fr Toast Sticks Hot Dog on a bun Sweet potato fry Cauliflower Peaches	5 Pancake on Stick Chicken Patty Hamburger bun Tomato Peas, Orange	6 Stromboli Corn Broccoli Mixed Fruit	7 Breakfast Sandwich Walking Taco Romaine Lettuce Refried Beans Apple	8 Breakfast Pizza Pizza Green Beans Carrots Pears
11 Donuts Sweet and Sour Chicken Brown Rice Oriental Veggies Broccoli, Peaches	12 Fr. Toast Sticks Mini Corn dogs Bread sticks Tomato sauce Carrots, peas Strawberries	13 Br Burrito Sloppy Joe Hamburger Bun Baked Beans Celery sticks Apple	14 Cheese Omelet Spaghetti Meat sauce French Bread Cauliflower Apricots	15 Breakfast Pizza Cheese Boat Romaine Lettuce Mixed Vegetables Pears
18 Mini Pancakes Chicken Fajita flat bread Romaine Lettuce, Refried Beans Mixed Fruit	19 Biscuits/ Gravy Pulled Pork Hamburger bun Baked Beans Cauliflower Apples	20 Pancake on a stick Cream Turkey on Potatoes Dinner roll Baby carrots Strawberries	21 Cheese Omelet Wayne County Beef Patty on a bun Broccoli Sweet potatoes Pears	22 Breakfast Pizza Cheese & Chicken Quesadilla Green beans celery Peaches
25 WG Waffle Chili Soup Cinnamon roll Baby Carrots Strawberries	26 Pancake on a stick Chicken Nuggets Dinner roll Peas Cherry tomato Applesauce	27 No School Include your students in meal preparation.	28 Enjoy Holiday Traditions with your family and friends	29 Great Day to MOVE. Come up with a family activity that lets everyone move.

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Wayne Community Schools